

## Resources Sheet

### Adult Protective Services: LA County

“The L.A. County Elder Abuse Hotline is telephone or mail contact only for reporting physical or psychological abuse, financial neglect, exploitation, and self-neglect of senior citizens (65+) and of disabled, dependent adults residing in Los Angeles County. After the report is taken, a social worker will make contact within 5-7 days for non-emergencies, same day for emergencies. All languages accessible. Phone: (800) 992-1660 (24 hr. hotline)”

### Adult Protective Services: San Bernardino County Department of Aging and Adult Services County

“For reporting information, intake, and referral regarding elder/child abuse of any kind. Phone: (877) 565-2020, 800-827-8724, 909-384-9233, Child and Adult Abuse”

### Chicana Service Action Center

“This center offers shelter for women and families in Los Angeles area. Shelter related services only. (909) 620-0383; (800) 548-2722 (24-hour Hotline)”

### Domestic Violence Hotline/Haven Hills

“This non-profit agency offers emergency help, assistance, and information to victims of domestic violence in Los Angeles County and South Bay area. 24-hour hotline. No fees. English & Spanish. Address: P.O. Box 260, Canoga Park, CA 91305. Phone: (800) 978-3600 24/7 hotline, 818-887-6589, Crisis Line 24/7”

### Joslyn Senior Center: Social Services for Seniors

“A trained Case Manager is available by appointment at the Joslyn Center Monday - Thursdays from 9 am - 1 pm. Please call (909) 399-5488 and ask for Janis Seiler to schedule an appointment.”

### Joslyn Senior Center: Senior Resources Fund

“Emergency funds are available for senior citizens experiencing difficulty paying their bills. Assistance is limited to rent/mortgage, utilities, food, and/or prescription medication. The money for this fund comes solely from donations and is not federally funded. Applications are accepted Monday-Friday at the Joslyn Center (909) 399-5488.”

Joslyn Senior Center: Phone Assurance Line (PAL)

“Volunteers make daily telephone calls to seniors that live alone to monitor their well-being. This program offers socialization to seniors that live on their own. In addition, these seniors have easy access to the services provided by the Claremont Senior Program and can thus ensure a good quality of life. For more information, please call the Joslyn Center (909) 399-5488.”

Community Senior Services: Senior Help Line

“The #1 community resource on aging information and services. The Help Line guides you through the maze of local services. Our extensive service database enables Help Line staff and volunteers to give you quick information about hundreds of agencies. In addition to the phone numbers of services, the Help Line will give you eligibility requirements, service hours, cost, and the name of a service representative. The service is free. Phone Number (909) 625-4600.”

Community Senior Services: Change A Life Foundation

“Change A Life Foundation partners with CSS to provide seniors, who through no fault of their own, have experienced illness, disability, or financial hardship and are in need of money for direct services that promote self sufficiency and improve quality of life.”

Legal Services- For Low Income Seniors

“There are now more legal services available to low income seniors. Both Bet Tzedek and Neighborhood Legal Services are scheduled at Palomares Senior Center one day a month. To make an appointment, please call Palomares Senior Center at (909) 620-2324.”

The Family Center

“This agency offers a county-funded program for victims of crime or persons exploited because of age or vulnerability. Address: 560 S. San Jose Ave., Covina, CA 91723. Phone: (626) 967-5103”

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“San Bernardino and L.A. County. 2-1-1 provides you with free and confidential information and referrals 24 hours, 7 days a week.”